The EIFSC and the Cedar Rapids Ice Arena are proud to host a weekend Skating seminar featuring



Paul Wylie



Saturday and Sunday, July 16 - 17, 2016

Private and semi-private lessons will also be available with Paul on Friday afternoon, 7/15. Please email us at **eifsc@eifsc.org** to schedule a lesson and for more information.



Seminar is open to Beginner (FS 1) - Senior level skaters and Adult skaters

Seminar cost: \$200 for EIFSC members, \$225 for non-EIFSC members

Tentative schedule: Saturday 8:30 - 4:00 (registration starts at 8:00)

Sunday 8:30 - 2:00

Topics covered: Jumps, spins, steps and turns, presentation, off-ice warm up, sports

nutrition, sports psychology, and more!

To Register: Mail in registration form can be downloaded at **eifsc.org**

Coaches: Are welcome to come and learn along with their registered skaters!

Paul Wylie is the 1992 Men's Olympic Silver medalist. He was inducted into the U.S. Figure Skating Hall of Fame in 2008. He has competed in 15 National Championships, 3 World Championships, and 2 Olympic Games. His passion for the sport has been evident throughout his career. Paul holds a PSA Master rating in FS. Paul graduated from Harvard with a BA and an MBA.